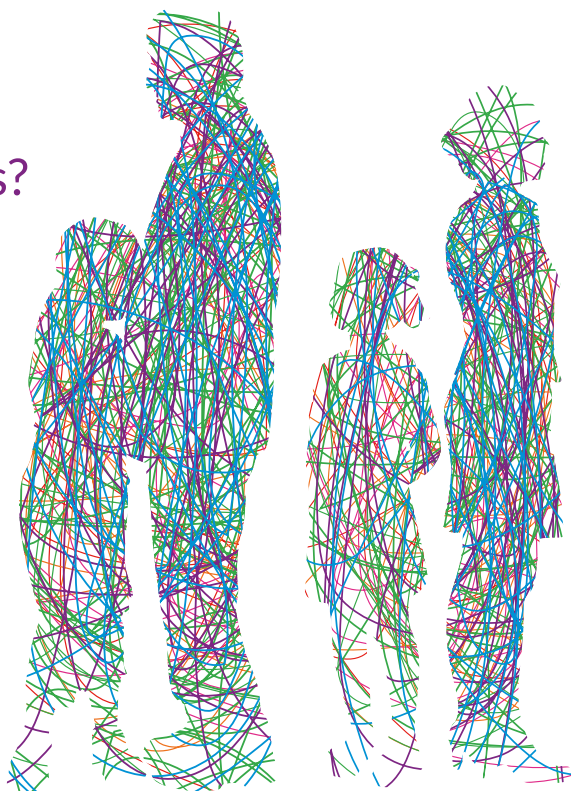


Twin

# Happy Families, Happy Futures.

Working together for stronger relationships.

Are you a parent  
or expecting  
a baby and  
struggling with  
your relationships?



Find out about our free support.

# How we support.

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Twin

The Happy Families, Happy Futures programme is designed to improve communication and ease tension between parents\*, supporting a happy environment for their children.

Our team are trained to provide parents with one of our four support plans.

1

**Family Transitions Triple P** – Advice and guidance to deflect the pressure of divorce or separation away from children.

2

**Incredible Years Inc. Advance** – Support and techniques to support parents working together and do the best for their children in their early years.

3

**Within My Reach** – Helping people improve their relationships with people who matter.

4

**Family Check-Up** – Building parent's skills to support positive behaviour.

## Accessing the support

- If you are already working with a Families Workforce Worker, speak to them in the first instance.
- If not, please contact the team on **01305 228 460** or **HappyFamiliesHappyFutures@dorsetcouncil.gov.uk** who will be able to provide you more information.

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\*This term includes biological parents and also individuals other than biological parents who have caring responsibilities for children e.g. step-parents, adoptive or foster parents, guardians, etc.